

The Spoke & Wheel Published on the first and fifteenth day of each month.



The Official Bulletin of the Rotary Club of Mission Viejo, P.O. Box 2234, Mission Viejo, CA., U.S.A. 92692 Rotary Club of Mission Viejo, Club 842 in District 5320, was Chartered September 13, 1974.

Club Leadership/Board Members: Ken Dever, President; Paul Bucknum, President-Elect; Joe Lavoie, Vice President (IPP); Dave Williams, Secretary; Bill Kersten, Treasurer; Barbara Kogerman, Club Administration Chair; Jim Colitz, Membership Chair; Mike Getto, Public Relations Chair; Bob McQueen, Service Chair; Rich Frieder, Co-Director, Int'l Service; Pushpa Chandwani, Co-Director, Int'l Service; Dennis O'Connor, Director, Community Service; Gary Brenner, Director, Vocational Service; Scott Walker, Director at Large (Speakers); Chris Skorina, Director at Large (Bylaws); Dave Leckness, Director at Large (City Hall); Bob Brown, Co-Director, Youth Service; Fred Chambers, Co-Director, Youth Service and Eric Johnson, Director, Club Service.

Club Meetings: Wednesdays, 7:10 A.M. to 8:30 A.M., Mission Viejo Country Club, 26200 Country Club Dr., Mission Viejo, CA 92691 RI and District Officers: Ron D. Burton, RI President; Rae Shirer, District 5320 Governor.

COMMUNITY SERVICE

The Power of Dance

Report by Jim Hansen • Photos by Bill Kersten



On October 9, 2013, Bruce McComb was guest speaker during the regular meeting of the Rotary Club Of Mission Viejo. McComb is a dance professional and current Board member of USA Dance.

He shared interesting facts of the health benefits of dancing. He shared results of studies suggesting dancing lowers the risk of Dementia. Other benefits he referenced include: improved stamina, coordination, agility, balance, strength, and decision making skills.

At the conclusion of his talk, Mr. McComb demonstrated a few dance steps with MV Rotarian, and Mayor of Laguna Hills, Barbara Kogerman.

Selected Upcoming Events

(Please see the twomonth calendar at the end of this bulletin for *more details.)*

Upcoming Club Events

MV Rotary Club Web site: www.missionviejorotary.org

Oct. 16: NO MEETING

Oct. 18: Rotary Business Awards & Expo.

Oct. 19: City of MV Walk Against Drugs.

Dec. 8: (Sun., 6 p.m.) MV Rotary Holiday Party.

Upcoming District Events

District 5320 Web site: www.rotary5320.org

Oct. 18: Rotary Business Awards & Expo.

Dec. 6: (5:30 p.m.)

Presidents' Holiday Party. Embassy Suites, Brea.

CLUB SERVICE

Rotary in Australia (and the Philippines)

Photo by Bill Kersten • Report by Verl Nash

What started out as an informational lesson on what Rotary is doing in the Philippines. PDG No water needed. Elaine Lytle, (from Australia), a visitor at our club for sometime gave a very good talk about what Rotary is doing in a very remote area.

Her presentation started with an area where she had just visited in the southern Philippines in a village of Bohul. It can be reached by ferry and she told about how one of the ferries had sunk while she was there. Rotary has adopted this little village and is proceeding to help in anyway they can. Starting with rebuilding the houses that are made from native materials. They last about 12 years and then must be rebuilt.

They are establishing schools and this in itself is a full time job. Only about 20% of all children go to school. Their schools are rundown and the desks are eaten by termites. There seems to be no way to eradicate these insects and so the One picture she showed was a fight goes on. "Library" for the school that had three shelves and were about 6-8 ft. long. The school has 650 They have vocational centers because they are aware that they must learn to build for They also teach knitting and crocheting as each child coming home from a hospital has to have a wool hat and wool jacket.

They have been able to establish Recyclable Rotary in Australia ended up as a true program of toilets that are big enough for four families to use.



They have received grants for water and are doing what they can to make the water safe to drink. The Rotary has started a hospital that needs Medicines, Operating Rooms, Kitchens, Food, transportation, all kinds of equipment and funds to release the bodies. they are also operating Medical Clinics setups.

When Elaine finished I think we were all aware of how fortunate we are and how much we have and to help the Foundation out with funds when we can't go ourselves.

Thanks Elaine!

Report by Verl Nash



QUOTE OF THE WEEK - October 15, 2013

Evening news is where they begin with 'Good evening', and then proceed to tell you why it isn't.

- Bob Hope

CLUB SERVICE

Rick Murray's family is growing!

Photo and report submitted by PP Rick Murray

Rick Murray's daughter Lindsay was married on August 31, 2013 in Capri, Italy. Rick, his wife Paula, and his son Kevin all traveled to Italy for the occasion.

Rick shared some of the details during a recent meeting's "Happy Dollars" segment. We know that the family had a wonderful time in Italy and they could not be happier with their new son-in-law Francesco Caleffi Garutti.

Thank you for sharing, Rick!

Photo: Kevin, Paula, Francesco, Lindsay, and Rick.



CLUB SERVICE

Who maintained perfect attendance in Sept.?

Submitted by Dave Williams

The following 14 Mission Viejo Rotarians maintained perfect attendance for the month of **September**, 2013:

- Gary Brenner
- Jim Colitz
- Ken Dever
- Mike Getto
- Jacki Hanson
- Bill Kersten

- Barbara Kogerman
- Dave Leckness
- Spence Lehmann
- Verl Nash
- Gary Poertner
- · Chris Skorina
- Bud Tysinger
- Dave Williams



CONGRATULATIONS!

ROTARY SHARES!



Elephant" photo was taken by Director Jack Wallace during his trip to Hawaii in 2008.

Photo Above: The "White

SERVICE ABOVE SELF

Photo Above: PP Dennis O'Connor, Webmaster and Facebook Coordinator

WEBSITE NEWS

Be sure to visit the Rotary Club of Mission Viejo Website at: www.missionviejorotary.org

and

FACEBOOK NEWS Like us on Facebook!

WHITE ELEPHANT

Please bring a White Elephant item on your assigned date. (The Board suggests you may donate \$20 in lieu of a White Elephant item if you prefer).

REVISED OCT. 4, 2013

Oct. 16 - NO MEETING

Oct. 23 - Jim Colitz

Oct. 30 - George Cooper

Nov. 6 - Bill Craycraft

Nov. 13 - Ken Dever

Nov. 20 - Richard Frieder

Nov. 27 - Mike Getto

Dec. 4 - Bill Greenfield

Dec. 11 - Jim Hansen

Dec. 18 - Jacki Hanson

Dec. 25 - NO MEETING

Jan. 8 - Pushpa Chandwani

BRING A GUEST!

Make-up Clubs

Coto de Caza/Rancho Santa Margarita - Wednesdays at 7 A.M., Bell Tower Regional Community Center, 22232 El Paseo, Rancho Santa Margarita 92688.

Laguna Niguel - Tuesdays at 12:00 P.M., Savannah Chop House, 32441 Golden Lantern, Laguna Niguel 92677

Monarch Beach - Laguna Cliffs Marriott Resort in Dana Point on Wednesdays at 7:00 A.M.

San Clemente - Thursdays, 12 p.m. at the San Clemente Inn, 2600 Avenida del Presidente.

On-line make-up: http://www.rotaryeclubone.org/programs.htm

BULLETIN STAFF



Photographer: Bill Kersten



Reporter: Verl Nash



Editor: Jim Hansen

<u>THE ROTARY</u> <u>FOUR-WAY TEST</u>

Of the things we think, say or do:

1. Is it the truth?

2. Is it fair to all concerned?

3. Will it build goodwill and better friendships?

4. Will it be beneficial to all concerned?

ROTARY CLUB OF MISSION VIEJO				
OCTOBER 2013				

OCT. 2 -	REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club
OC 1. 2	KLOOLINK WILLIAM - 7.10 II.WI., WISSION VICIO COUNTY CIUO

OCT. 9 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

OCT. 10* - BOARD MEETING, 7 A.M. (M.V. City Hall)

OCT. 16** - **NO MEETING**

OCT. 18 - **BUSINESS LEADER OF YEAR LUNCHEON**

OCT. 19 - WALK AGAINST DRUGS

OCT. 23 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

OCT. 26** - VOCATIONAL VISION HALLOWEEN PARTY

OCT. 30 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

** Recent revision

ROTARY CLUB OF MISSION VIEJO NOVEMBER 2012

NOV. 6 -	REGULAR MEETING -	- 7:10 A.M., Mission	Viejo Country Club
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NOV. 9 - ROTARY FOUNDATION GALA - 5:30 P.M., The Bowers Museum

NOV. 13 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club (Club Leaders Nominations*)

NOV. 14* - BOARD MEETING, 7 A.M. (M.V. City Hall)

NOV. 20 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

NOV. 27 - REGULAR MEETING - 7:10 A.M., Mission Viejo Country Club

NOV. ?* - SCOUTING FOR FOODS

* To be confirmed

^{*} To be confirmed